

Iron Infusions



Last newsletter I talked about iron tablets, if you have tried and tried tablets but still have very low iron and guts symptoms with the iron tablets then an infusion into the vein can be an option.

We discuss this option in a consultation and talk about benefits, risks and alternatives. We book for an hour appointment in the treatment room as we need to observe you for at least thirty minutes after the infusion.

In the treatment room we place a cannula (a drip) in the vein and slowly give the iron over 15 minutes, then monitor you before getting you home.

Like anything with health, there are some risks - allergic reactions, staining of the skin and headaches, muscle aches. This is why we always given iron tablets the best try first

As this uses consumables, nurse and doctor time, this does have a gap fee.

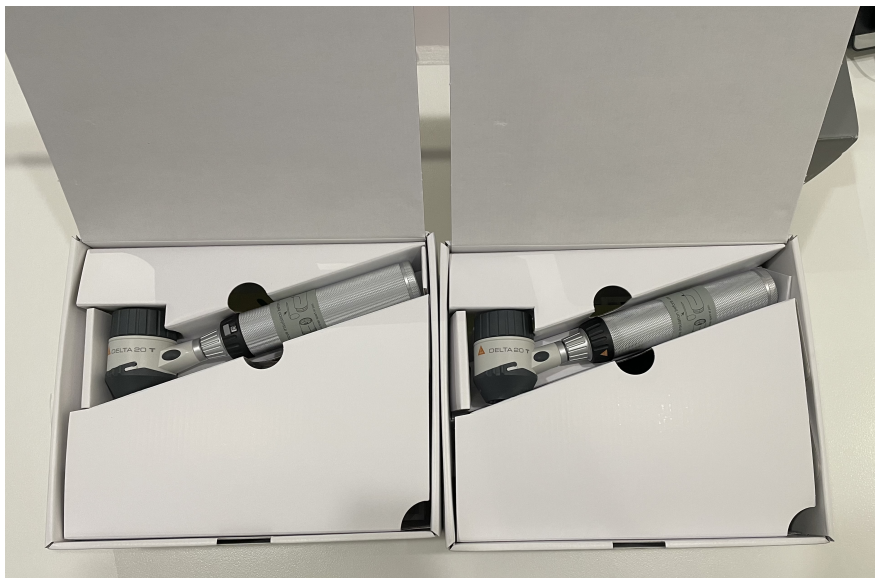
[More information on iron infusions](#)

😷 Have you or your household members just tested positive for COVID-19?
... See more



Preston Family Medical has been asked to be part of a trial run by the Northern Hospital about treating and controlling Covid infections at home. This is a nasal spray of a old medication called heparin which as a injection thins the blood but as a spray may weaken the virus in the nose. The trial is seeing if using this as a nasal spray stops someone with covid sharing the infection in a household. You do not have to accept, but we may offer being involved in the trial if you test positive for Covid.

[Learn more about the Inherit trial](#)



Improving our skin cancer care

The practice is aiming to improve skin cancer care over 2023. We have just purchased two more dermatoscopes - these are skin microscopes that allow us to look into the top layer of the skin to improve accuracy with diagnosis of skin changes. In addition in August, three of our doctors are travelling to QLD to take part in a skin cancer upskilling course - Dr Madeline Smith, Dr Jessica Lopiore and Dr Michelle Leadston

[Book for a skin check](#)

Carefinder help with MyAgedCare



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Help from a care finder

Some older people need extra, intensive support to access aged care services and other supports in the community.

In these situations, a care finder may be able to help.

Care finders is a free service. It exists to support vulnerable people – who have no one else who can support them – to learn about, apply for and set up support services.

This is a [new service](#) to help older people and families who might be having difficulties navigate the MyAged Care process.

This service aims to support you to access services through MyAgedCare. Of course the GPs and nurses are here to support as well. We can start the process with a referral to MyAgedCare and provision of the medical summary that will help with access to MyAgedCare.

Preston Family Medical

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